

Physical Signs Which May Indicate Alcohol Abuse

Area	Signs
Skin	<ul style="list-style-type: none"> • Acne rosacea or rhinophyma • Spider angioma • Jaundice
Head and neck	<ul style="list-style-type: none"> • Salivary gland enlargements (parotid and submandibular) • Severe periodontal disease
Thorax and Lungs	<ul style="list-style-type: none"> • Gynecomastia
Heart	<ul style="list-style-type: none"> • Atrial or ventricular premature beats • Hypertension or tachycardia • Hyperdynamic point of maximum impulse (PMI)
Abdomen	<ul style="list-style-type: none"> • Enlarged liver • Enlarged spleen • Mid-epigastric tenderness • Protuberant abdomen with prominent venous pattern • Right upper quadrant tenderness or tender liver edge
Male Genitalia	<ul style="list-style-type: none"> • Testicular atrophy
Anus and Rectum	<ul style="list-style-type: none"> • External or internal hemorrhoids
Musculoskeletal System	<ul style="list-style-type: none"> • Evidence of trauma whose occurrence is not remembered by patient • Muscle wasting especially in large muscle groups
Neurological System	<ul style="list-style-type: none"> • Dysmetria with legs > arms in absence of alcohol intoxication • Nystagmus in absence of alcohol intoxication • Ophthalmoplegia or decreased visual acuity • Peripheral neuropathy • Tremors

Area	Signs
	<ul style="list-style-type: none">• Truncal ataxia, in absence of alcohol or other sedative-hypnotic drug intoxication
Mental Status	<ul style="list-style-type: none">• Disorientation• Hallucinations• Inability to perform simple serial subtractions• Poor short-term memory